

PSYCHOANALYTIC PSYCHOTHERAPY NOW 2010

Meeting the
challenge of
complexity
together

Friday evening
8 October 2010
venue tba

Saturday
9 October 2010
Mermaid Theatre
Blackfriars, London



PSYCHOANALYTIC PSYCHOTHERAPY NOW 2010

British Psychoanalytic Council

in association with:

Albany Trust

Anna Freud Centre

**Association for Psychoanalytic
Psychotherapy in the NHS**

Association of Child Psychotherapists

British Association of Psychotherapists

**British Psychological Society,
Division of Clinical Psychology**

**British Society of Couple
Psychotherapists and Counsellors /
Tavistock Centre for Couple Relationships**

Institute of Group Analysis

International Neuropsychoanalysis Centre

The Institute of Psychoanalysis (BPAS)

Lincoln Clinic and Centre for Psychotherapy

London Centre for Psychotherapy

The Maya Centre

**North of England Association of
Psychoanalytic Psychotherapists**

**North West Institute of
Dynamic Psychotherapy**

**Northern Ireland Association for
the Study of Psychoanalysis**

**Scottish Institute of Human
Relations / Scottish Association of
Psychoanalytic Psychotherapists**

Sevenside Institute for Psychotherapy

The Society of Analytical Psychology

**Tavistock and Portman
NHS Foundation Trust**

Tavistock Society of Psychotherapists

**wpf Therapy / Foundation for
Psychotherapy and Counselling**

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Providers of specialist professional liability
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**‘The challenge is therefore to a necessary complexity...
It is in only very complex ways that we truly understand
where we are.’**

Raymond Williams, *Politics and Letters*

Psychoanalysis has found its place among the range of therapeutic and cultural approaches to modern life. The pressure to find pragmatic solutions to many of the common problems thrown up by social realities has risked marginalizing this approach; some have feared it might even be forgotten. But as the accelerating rate of social change creates new complexities, psychoanalytic approaches have found a natural, if challenging, habitat.

The conference will review some of the domains where the psychodynamic orientation is proving invaluable because it rejects the obvious and the superficial, and others where it is tenaciously struggling with challenges. These include: traditional concerns such as psychosexuality and development; issues arising from a changing society such as the complex family, and the impact of urbanisation on development; the consequences of the nature and pace of change for psychopathologies such as severe disorders of the self.

Psychoanalytic Psychotherapy NOW 2010 will seek to define new priorities and adventurously explore issues that need to be grappled with for all of us to have a genuine experience of our world.

Howden

Friday 8 October

SYMPOSIUM: 'IN TREATMENT'

**Venue to be announced
8.00pm**

How do the writers of HBO's award winning drama create compelling television out of psychotherapy sessions? The psychiatric advisor to the show and two of the writers discuss the challenges of putting a therapist on screen and capturing the truth of psychodynamic work without sacrificing drama.

**Separate ticketed event
open to the public**

Chair **Brett Kahr**, Senior Clinical Research Fellow in Psychotherapy and Mental Health at the Centre for Child Mental Health, London; Honorary Visiting Professor, School of Arts, Roehampton University.

Justin Richardson, Psychiatric Advisor to Seasons 2 and 3 of *In Treatment*; Assistant Clinical Professor of Psychiatry, Columbia University Center for Psychoanalytic Training and Research.

Keith Bunin, writer on Season 2 ('Oliver'). Keith's latest screenwriting work includes *Which brings me to you* for the Oscar nominated director Susanne Bier. He is currently writing a film for Michel Gondry (*The Eternal Sunshine of the Spotless Mind*) and a television pilot for HBO.

Sarah Treem, writer on all three seasons ('Sophie' in Season 1; 'April' in Season 2) – nominated for a Humanitas award and winner of a Writer's Guild award for her work on the show. Her recent work includes *Vienna's Amazing* and *Orphan Island*.

Saturday 9 October

MEETING THE CHALLENGE OF COMPLEXITY TOGETHER

**Mermaid Theatre, Blackfriars
9.30 – 9.45am**

Welcome and introduction

Malcolm Allen

Bruce Calderwood, Director of Mental Health and Learning Disabilities, Department of Health

9.45 – 11.15am

THE CONTRIBUTION OF PSYCHOANALYTIC THINKING TO COMPLEXITY

Chair **M Fakhry Davids**

Complexity: a developmental perspective
Peter Hobson

Trauma and complexity in modern ethnic conflicts
Vamik D Volkan

11.15 – 11.45am

Coffee

11.45am – 1.05pm

COMPLEX PROBLEMS, COMPLEX SITUATIONS Breakout Sessions

1. Complex mental disorders: what works?

How do psychoanalytic approaches feature in terms of the evidence base and NICE guidelines?

Chair **Ronald Doctor**

Presentations **Peter Tyrer Peter Fonagy**

2. Complexity and chaos, containment and constraint

A panel presentation where leading social scientists and service users consider the conflicts involved in public sector delivery of personality disorder services

Facilitators **Nick Benefield Rex Haigh**

3. Complex connections: virtual worlds & inner worlds

What does internet sex offer, to the conscious but also the unconscious mind, which renders it so compelling?

Chair **Dickon Bevington**

Presentations **Heather Wood Richard Graham**

4. Complex lives

Therapeutic work in tough urban settings needs the insights of psychoanalysis, but...

Chair **Matthew Patrick**

Presentations **Camila Batmanghelidjh The Maya Centre**

5. Complex interdependencies

What are the relationships between the individual, the family, and society as they impact on mental health and models of therapeutic intervention?

Chair **Beverley Tydeman**

Presentations **Susanna Abse Jean Knox**

6. Complexity in the curriculum: sexuality in psychoanalytic training

Is there a drift away from teaching about sexuality in psychoanalytic training? What part should the subject play in the training curriculum?

Chair **Mary Target**

Presentations **Justin Richardson David Morgan**

1.15 – 2.15pm

Lunch

CREATING A MODERN PROFESSION FOR A DIVERSE AND COMPLEX WORLD

2.15 – 3.30pm

How can we create a truly modern profession capable of operating in a diverse and complex world?

Chair **David Bell**

Presentations **Malcolm Allen Helen Morgan**

3.30 – 3.50pm Tea

3.50 – 5.20pm **Breakout Sessions**

1. Why so white?

Keeping race in mind: psychoanalytic psychotherapy for a culturally diverse society

Chair **Helen Morgan**

Presentations **Kamaldeep Bhui** **Frank Lowe**

2. Homosexuality – moving on

Creating a culture and practice that connects with people of diverse sexual orientations

Facilitators **Jeremy Clarke** **Mary Target** **Trudy Klauber**

Leezah Hertzmann **Justin Richardson**

3. Working through conflict

How can psychoanalysis help in understanding and engaging with ideological and social conflict?

Presentations **Vamik D Volkan** **Andrew Cooper**

4. Focus on primary care

What contribution can psychodynamic practitioners make to a primary mental health care service today?

Chair **Mary Burd**

Presentations **Brian Rock** **Nick Wood**

5. ‘Product’ and ‘brand’ in a contemporary mental health market

What psychoanalytically-informed interventions can operate effectively within contemporary mental health care?
How can they be promoted?

Chair **Jenny Hyatt**

Presentations **Alessandra Lemma** **Chris Mace**

6. Training for tomorrow

Shaping a 21st century curriculum for psychoanalytic psychotherapy training

Chair **Sally Griffin**

Presentations **Horst Kächele** **James Johnston**

5.20 – 6.00pm **MOVING FORWARD**

Report-backs and discussion

Chair **Julian Lousada**

6.00 – 7.30pm **RECEPTION AND AWARDS CEREMONY**

Hosted by **Kathy Lette**, international bestselling author

Speakers and facilitators

PSYCHOANALYTIC PSYCHOTHERAPY NOW 2010

Conference planning committee

Malcolm Allen
British Psychoanalytic Council

Jeremy Clarke
Association for Psychoanalytic
Psychotherapy in the NHS

Janice Cormie
British Psychoanalytic Council

Ronald Doctor
Association for Psychoanalytic
Psychotherapy in the NHS

Peter Fonagy
Anna Freud Centre

Alessandra Lemma
Tavistock & Portman NHS
Foundation Trust

Julian Lousada
British Psychoanalytic Council

Matthew Patrick
Tavistock & Portman NHS
Foundation Trust

Mary Target
Anna Freud Centre

Conference organisation

Janice Cormie
British Psychoanalytic Council

Leanne Cannon
British Psychoanalytic Council

Janaki Hemaratne
British Psychoanalytic Council

Latest updates to the conference programme are available
at www.pschoanalytic-council.org
For information or queries, please
telephone +44 (0)20 7561 9240

Susanna Abse Chief Executive Officer, Tavistock Centre for Couple Relationships

Malcolm Allen Chief Executive Officer, British Psychoanalytic Council

Camila Batmanghelidjh Chief Executive Officer, Kids Company

David Bell President Elect, British Psychoanalytical Society; Consultant Psychiatrist in Psychotherapy, Adult Department, Tavistock and Portman NHS Foundation Trust

Nick Benefield Head of National Personality Disorder Programme, Dept of Health

Kamaldeep Bhui Professor of Cultural Psychiatry & Epidemiology, Research Centre for Psychiatry at St Bart's & London School of Medicine; Consultant Psychiatrist, East London & City Mental Health Trust; Director, MSc Transcultural Mental Healthcare, Queen Mary College

Mary Burd Former Head of Psychology and Counselling, Tower Hamlets PCT; Honorary Secretary, Association for Psychoanalytic Psychotherapy in the NHS

Bruce Calderwood Director of Mental Health and Learning Disabilities, Dept of Health

Jeremy Clarke Chair, New Savoy Partnership; Research and Practice Lead, Psychoanalytic Psychotherapy NOW Group

Andrew Cooper Professor of Social Work, Tavistock & Portman NHS Foundation Trust and University of East London

M Fakhry Davids Visiting Lecturer, Tavistock & Portman NHS Foundation Trust

Dickon Bevington Consultant in Child and Adolescent Psychiatry, Cambridge and Peterborough Foundation Trust and the Anna Freud Centre

Ronald Doctor Consultant Psychiatrist in Psychotherapy, West London Mental Health NHS Trust; Chair, Association for Psychoanalytic Psychotherapy in the NHS; Chair, NHS Liaison Committee, BPAS

Peter Fonagy Freud Memorial Professor of Psychoanalysis and Head of Research, Department of Clinical, Educational and Health Psychology, UCL; Chief Executive, Anna Freud Centre

Richard Graham Clinical Director, Adolescent Directorate, and Consultant Child & Adolescent Psychiatrist, Tavistock and Portman NHS Foundation Trust

Sally Griffin Chair of Council, London Centre for Psychotherapy; Psychotherapist, Nafsiyat Intercultural Therapy Centre

Rex Haigh Consultant Psychiatrist in Psychotherapy, Berkshire; Clinical Advisor, National Personality Disorder Programme, Department of Health

Leezah Hertzmann Clinical Lecturer, Tavistock Centre for Couple Relationships

R Peter Hobson Consultant Psychotherapist and Professor of Developmental Psychopathology, Tavistock Clinic and Institute of Child Health, UCL

Jenny Hyatt Founder and Chief Executive Officer, Big White Wall Ltd

James Johnston Vice Chair, BPC, CPD Lead: RCPsych Psychotherapy Faculty; Medical Psychotherapy Lead, Leeds Partnerships NHS Foundation Trust

Horst Kächele Professor of Psychotherapy and Chair, Department of Psychosomatic Medicine and Psychotherapy, Ulm University, Germany

Trudy Klauber Dean of Postgraduate Studies, Tavistock & Portman NHS Foundation Trust

Jean Knox Training Analyst, Society of Analytical Psychology; Training Therapist, British Association of Psychotherapists; Honorary Senior Lecturer, University of Kent

Alessandra Lemma Trust-wide Head of Psychology, Tavistock & Portman NHS Foundation; Trust Visiting Professor, School of Health and Human Sciences, Essex University

Julian Lousada Chair, British Psychoanalytic Council; Lecturer, Tavistock & Portman NHS Foundation Trust

Frank Lowe Lecturer, Tavistock & Portman NHS Foundation Trust

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David Morgan Consultant Psychotherapist, Tavistock & Portman NHS Foundation Trust

Helen Morgan Training Analyst and Supervisor, British Association of Psychotherapists

Matthew Patrick Chief Executive, Tavistock & Portman NHS Foundation Trust

Justin Richardson Assistant Clinical Professor of Psychiatry, Columbia University Center for Psychoanalytic Training and Research

Brian Rock Service Lead/Consultant Clinical Psychologist City & Hackney Primary Care Psychotherapy Consultation Service

Mary Target Reader in Psychoanalysis at UCL and Director MSc in Theoretical Psychoanalytic Studies; Professional Director, Anna Freud Centre, London

Beverley Tydeman Chair, Association of Child Psychotherapists; Consultant Child and Adolescent Psychotherapist, Marlborough Family Service CNWL; Tavistock & Portman NHS Foundation Trust

Peter Tyrer Professor of Community Psychiatry, Imperial College London; Chair, NICE Guideline Group, Borderline PD

Vamik D Volkan Emeritus Professor of Psychiatry, University of Virginia; Emeritus Training and Supervising Analyst, Washington Psychoanalytic Inst.; Senior Erik Erikson Scholar, Austen Riggs Center

Heather Wood Consultant Adult Psychotherapist, Portman Clinic and Personality Disorder Lead, Tavistock & Portman NHS Foundation Trust

Nick Wood Clinical Lead and Acting Head of Service for IAPT and Primary Care Mental Health, Leeds

Information

Venues

Friday 8 October:
London venue to be announced

Saturday 9 October:
Mermaid Conference Centre
Puddle Dock, Blackfriars
London EC4V 3DB

Details of venue locations
and transport links can be found at
www.psychanalytic-council.org

Confirmation and booking

All bookings will be confirmed by email,
unless requested otherwise.

Payments

No VAT is payable on payments for this
conference. International delegates using
the PayPal online payment option
will pay a surcharge to cover
PayPal's processing fees.

Concessionary rates

A limited number of places are available
at the reduced trainee and student rates.

Terms and conditions

A refund, less 20% administration fee, will be
made if cancellations are received, in writing, at
least 4 weeks before the conference.
Any cancellation after this time cannot be
refunded, and refunds for failure to attend the
conference cannot be made, but substitute
delegates are welcome at any time.

Commercial exhibition

If you are interested in exhibiting at this event,
please contact Janice Cormie
on 020 7561 9240 or
janice@psychanalytic-council.org

For more information contact the
British Psychoanalytic Council
on 020 7561 9240 or email
janice@psychanalytic-council.org

The information you provide will be held on the
British Psychoanalytic Council's database
and may be used to update you with details
of other events that we organise.

If you **DO NOT** wish to receive this
information, please tick this box

The conference organisers reserve
the right to make changes to speakers and
programmes without prior notice.

How to book:

Fax this form to **020 7561 9005** or post to
British Psychoanalytic Council Suite 7, 19-23 Wedmore Street, London N19 4RU

Your details

Dr / Mr / Mrs / Ms (please circle)

First name _____

Surname _____

Job title _____

Organisation _____

Address _____

Telephone _____

Email _____

Please write your address clearly as confirmation will be sent by email.

If you prefer confirmation by post please tick this box.

Please specify any special dietary or access requirements

Options

Delegate fee, paid by institution: £115

Delegate fee, self funding: £95

BPC registrant / APP member: £80

BPC trainee delegate £55

Please indicate training institution:

Student delegate: £80

Please enclose evidence of enrolment

Friday night symposium, 'In Treatment': £10

Saturday evening reception and awards presentation (incl. in delegate fee)

Total: £

Payment

by cheque: A cheque for is enclosed, made payable to 'BPC'
(in £ Sterling only)

by BACS: Sort Code: 20-67-59 Account number: 90101664

Please contact us for international banking details if required

Your BACS reference.....

Please enclose copy of your BACS remittance confirmation

by PayPal (non-Sterling currencies only, fees added): please visit
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